Ultrasmall Silica-Based Bismuth Gadolinium Nanoparticles for Dual Magnetic Resonance–Computed Tomography Image Guided Radiation Therapy

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Supporting Information

ABSTRACT: Selective killing of cancer cells while minimizing damage to healthy tissues is the goal of clinical radiation therapy. This therapeutic ratio can be improved by image-guided radiation delivery and selective radiosensitization of cancer cells. Here, we have designed and tested a novel trimodal theranostic nanoparticle made of bismuth and gadolinium for on-site radiosensitization and image contrast enhancement to improve the efficacy and accuracy of radiation therapy. We demonstrate in vivo magnetic resonance (MR), computed tomography (CT) contrast enhancement, and tumor suppression with prolonged survival in a non-small cell lung carcinoma model during clinical radiation therapy. Histological studies show minimal off-target toxicities due to the nanoparticles or radiation. By mimicking existing clinical workflows, we show that the bismuth–gadolinium nanoparticles are highly compatible with current CT-guided radiation therapy and emerging MR-guided approaches. This study reports the first in vivo proof-of-principle for image-guided radiation therapy with a new class of theranostic nanoparticles.

KEYWORDS: Radiosensitization, image-guided radiation therapy, bismuth, nanoparticle, nanomedicine

Clinical radiation therapy is a noninvasive means of killing cancer cells and effectively reducing tumor burden. This method of treatment is prescribed for more than 50% of cancer patients. Although radiation therapy is highly effective for the majority of cancer patients, the nonspecificity of irradiation can result in toxicity for surrounding tissues. This is especially problematic for patients with tumors that require high radiation doses or are difficult to target with image-guidance. For example, it has been demonstrated that dose escalation for non-small cell lung cancer (NSCLC) patients improves the overall survival but at the risk of toxicity in the lungs and heart. For centrally located early-stage NSCLC, proximity of the mediastinum can preclude the use of ablative radiation techniques like stereotactic body radiation therapy (SBRT). This is exacerbated by the large movements exhibited by some lung tumors due to respiration during therapy. Noninvasive imaging modalities can be used to improve the precision and the accuracy of clinical radiation treatment. To mitigate off-target toxicity, image-guided radiation therapy (IGRT) has been developed to localize tumors with cone-beam computed tomography (CBCT) images acquired just prior to the therapeutic irradiation. More recently, the use of magnetic resonance (MR) image-guided radiation therapy has enabled more-precise and accurate localization and treatment, especially for tumors embedded within soft tissues. Although these methods increase dose conformality to the target, some irradiation of healthy tissues is unavoidable.

Radiosensitizers have been developed to amplify the effects of radiation within tumor cells; however, some nontargeted chemical radiosensitizers have resulted in some severe toxicities. High-atomic-number nanoparticles have been proposed as next-generation radiosensitizers or radiation-dose-amplification agents. These nanoparticles are only activated when irradiated.
photons from the clinical radiation beam interact with high-atomic-number atoms in the nanoparticles, generating secondary photoelectrons or Auger electrons, which deposit a local boost of energy (within a few microns of the nanoparticle). This induces biological stress in nearby cells and may also increase the local efficacy of the therapy. Coupling this novel therapy concept with quantitative volumetric image guidance will enable further optimization and individualization of radiation delivery to maximize therapeutic effect.

Looking toward clinical translation, focus should be put on nanoparticles that are compatible with clinical imaging techniques. Although many investigators have explored nanoparticles with optical agents, this modality is very limited clinically. This induces biological stress in nearby cells and may also increase the local efficacy of the therapy. Coupling this novel therapy concept with quantitative volumetric image guidance will enable further optimization and individualization of radiation delivery to maximize therapeutic effect.

In the present study, we present a new theranostic nanoparticle that is suitable for MR and CT contrast as well as amplification of radiation dose under clinical irradiation conditions. This silica-based nanoparticle (SiBiGdNP) contains gadolinium and bismuth atoms that are sequestered by pendant DOTA ligands. The gadolinium atoms provide MRI T₁ contrast, while both metals (gadolinium and bismuth) provide CT contrast. In addition, both the gadolinium and bismuth atoms enable radiation dose amplification (Figure 1A).

Nanoparticle Characterization and in Vitro Proof of Concept. The preparation of the silica-based bismuth-
gadolinium nanoparticles (SiBiGdNP) was based on a top-down process leading first to the synthesis of a precursor polysiloxane core DOTA−Gd complex (Figure 1B and the Supporting Information). Afterward, the surface of the polysiloxane network was modified by grafting additional DOTA chelates to the surface followed by the complexation of Bi³⁺ ions. The attenuated total reflectance Fourier transform infrared, UV−vis absorbance, and high-performance liquid chromatography spectrum confirmed the complexation of the Bi³⁺ by the DOTA chelates on the nanoparticle (Figure S1). The choice of the DOTA as the complexation agent was made because of its high stability, as described by its log K values, DOTA−Gd = 23.631 and DOTA−Bi = 30.3. The hydrodynamic diameter (4.5 ± 0.9 nm) of the nanoparticle (Figure 1C) is below the 10 nm kidney filtration threshold, minimizing potential off-target side effects. The ζ potential of the SiBiGdNP at pH = 7 was measured as −3.6 mV. The polysiloxane base of the nanoparticle was covalently bound to an average of ~10 DOTA ligands complexed with gadolinium atoms and an average of approximately five DOTA ligands complexed with bismuth atoms (Figure 1D). The absorbance measurements demonstrated that more than 95% of the bismuth remains attached under physiological conditions during the period of greatest blood (Figure 1E). Cytotoxicity is measured in vitro 24 h post-incubation, with the nanoparticles at a concentration ∼30 times higher than the in vivo injected dose (420 mg/kg) used in this study (Figure 1F). Phantom measurements of MRI and CT contrast demonstrated detectability down to a concentration of 0.1 mg/mL (Figure 1G). The SiBiGdNP acted as a T1 positive contrast agent with a longitudinal relaxivity ($r_1$) and a transverse relaxivity ($r_2$) measured, at 7 T, to be $r_1 = 4.87$ s⁻¹ mM⁻¹ and $r_1/r_2 = 1.46$, which is slightly higher than other FDA-approved MR contrast...
agents.34 The CT contrast was measured as 4.26 HU mM−1, which is in the range of clinically used CT contrast agents.35 Both gadolinium (Z = 64) and bismuth (Z = 83) produced photoelectrons and Auger electrons when irradiated by clinical 6 MV beam.18 This local radiation dose amplification was confirmed by an increase in γH2AX and 53BP1 foci (P = 0.001 and P < 0.0001, respectively) (Figure 2A,B). A significant increase in apoptosis was observed after coadministration of clinical radiation and SiBiGdNP (10.2 ± 0.8% versus 8.9 ± 5%, n = 3, P = 0.047) (Figure 2C,D). The effect combined treatment on clonogenic cell survival results in a dose enhancement factor of 1.99 (P < 0.001) (Figures 2E and S2).

In Vivo Theranostic Applications. Animal experiments were performed under protocols approved by the DFCI Institutional Animal Care and Use Committee (IACUC). To demonstrate in vivo efficacy, a fast-growing subcutaneous xenograft solid tumor model (A549 lung adenocarcinoma) was treated with clinical radiation therapy after intravenous administration of SiBiGdNP. In vivo experiments were performed with a timeline that mimics a typical clinical workflow (Figure 3A). The pharmacokinetics of SiBiGdNP were measured in blood samples over 24 h, and the kinetic of the nanoparticles was assessed at 15 min and 3, 6, and 24 h post-injection by MRI and CT acquisitions (Figures 3B–D and S3).

Due to the tumor’s fast growth and its poor vascularization, nanoparticles were still visible 6 h post-injection with 0.49% ID in the tumor (Figure S3). Accumulation was observed in kidneys, liver, and spleen (Figure 3C), with rapid clearance as expected on the basis of the small size of the nanoparticles. Only 0.39% ID of the SiBiGdNP remained in the blood after 24 h (Figure 3D), and no organs other than the kidneys had more than 2% ID 6 h post-injection (Figure 3C). Toxicity was assessed by hematoxylin and eosin (H&E) staining of kidney, liver, spleen, and heart samples 24 h after systemic injection (Figure 3E).

A radiation dosimetry study was performed based on an MR-guided radiation therapy clinical workflow. Organs were segmented on the MR images and then registered with the CT scan (Figure 3B) to calculate the radiation dose distribution, as is performed in the clinic for similar procedures (Figure 3E,F). Clinical treatment planning and radiation dose calculation software were used to simulate a single 10 Gy fraction delivered by a clinical linear accelerator (Varian Medical Systems, Inc.) (Figure S5).

Therapeutic efficacy was studied with radiation therapy delivered at the time of maximum nanoparticle uptake in the tumor, as determined by the preceding imaging study. This timing was found to be 30 min post-injection (3.54% ID) and was similar to that of a previous study34 conducted with nanoparticles of comparable size (Figures 3C and S3). A total of 10 cm of water-equivalent material was placed between the mice and the radiation source to provide clinically realistic scatter conditions (Figure S5). Body-weight was monitored...
post-irradiation (Figure 4A) as one assessment of the safety of the treatment. To examine the long-term efficacy, a tumor growth (Figure 4B,C) and survival (Figure 4D) study was performed. Both control groups showed a rapid progression of the tumor burden with no mice surviving more than 70 days after therapy. Mice treated with 10 Gy irradiation only (no nanoparticles) showed a limited response during the first 30 days followed by rapid tumor growth, with no mice in this group surviving more than 80 days. The group treated with SiBiGdNP followed by radiation showed statistically significant improvement in both tumor growth delay ($P = 0.045$) (Figure 4B,C) and survival compared to the irradiation control group ($P = 0.0059$) (Figure 4D).

Damage to tumor and healthy tissues were evaluated by quantification of double-strand DNA breaks by γH2AX staining 30 min post-irradiation. In the healthy tissues, no significant increase of DNA double-strand breaks was observed for the irradiated groups compared to both control (non-irradiated) groups. In the tumors, a significant increase in DNA damage was observed in the tumor when the irradiation was performed with (89.33 ± 14.3%) and without SiBiGdNP (67.31 ± 11.36%) compared to the control groups (8.1 ± 4.3% and 5 ± 1.3%, respectively) (Figure 5B).

**Conclusions.** Radiation therapy is entering a new era with the emergence of new clinical concepts for image-guided radiation therapy (IGRT), exemplified by the recent commercial development of the MR-Linac. With these techniques, clinicians can image tumors during radiation delivery and modify the treatment beam accordingly. The design, synthesis, and application of multifunctional nanoparticles provide a chemical route to complement the hardware advances in IGRT. Specifically, theranostic nanoparticles that enable dual-modality tumor imaging and radiation-dose enhancement will provide clinicians with more options for precise tumor localization while mitigating toxicity in surrounding healthy tissue. In this vein, high-atomic-number nanoparticles have been developed that improve contrast during noninvasive imaging and amplify the radiation dose, enabling more accurate and effective cancer therapy, simultaneously.

Few nanotechnologies for radiation therapy have progressed to clinical trials. A hafnium colloid is under investigation for radiation-dose amplification following intratumoral injection (NCT01433068). Gadolinium NPs (NCT02820454) are being tested for MR imaging and radiation-dose amplification after systemic intravenous injection.

We have described a novel SiBiGdNP for dual-modality (MR and CT) contrast enhancement and clinical radiation dose amplification. The Gd atoms serve as a positive MR $T_1$ contrast agent, and the inclusion of Gd and Bi atoms enables CT imaging contrast. The synthesis of the SiBiGdNP employs a top-down process based on a silica construct bearing DOTA–Gd, which has been shown to be safe for routine intravenous injection. Surface modification with additional DOTA ligands enables the inclusion of gadolinium and bismuth atoms while remaining ultrasmall (∼5 nm). Experimental confirmation of safety and colocalization of Bi and Gd post administration indicates that the DOTA chelation strategy is effective in retaining these elements. Systemically administered SiBiGdNP provide significant in vivo radiation dose amplification, as demonstrated in vitro and in vivo during clinical radiation therapy delivery, resulting in greater tumor control and longer survival in mouse models of lung cancer.

**Methods.** Silica-Based Bismuth–Gadolinium Nanoparticles. The SiGdNP (no bismuth) nanoparticles were synthesized by a top-down process described by Mignot et al. (see the Supporting Information). Sodium hydroxide (NaOH, 99.99%), hydrochloric acid (HCl, 36.5–38%), dimethyl sulfoxide (DMSO, > 99.5%), and BiCl$_3$ (>W98%) were purchased from Aldrich Chemical. Acetonitrile (CH$_3$CN, > 99.9%) was purchased from Carlo Erba. Trifluoroacetic acid (TFA, > 99%) was purchased from Alfa Aesar. Copper sulfate pentahydrate (CuSO$_4$·5H$_2$O, 98%) was purchased from Merck.
Gd and Bi (1000 mg/mL ± 0.2%) ICP single element standard solutions were purchased from Carl Roth.

The derivative DOTA chelate (2,2′,2″-(10-(2-((2,5-dioxopyrrolidin-1-yl)oxy)-2-oxoethyl)-1,4,7,10-tetraazacyclodecane-1,4,7-triyl)triacetic acid) was purchased from ChemaTech (France). All products were used without further purification. Only Mili-Q water (ρ > 18 MΩ·cm) was used for the aqueous solution preparation.

Dynamic Light Scattering. Direct dynamic light scattering (DLS) measurements of the hydrodynamic diameter distribution of the nanoparticles were performed via a Zetasizer NanoS DLS instrument (laser He–Ne 633 nm) from Malvern Instruments. Lyophilized particles were first dispersed in water for 1 h at room temperature, [Gd³⁺] = 100 mM and pH = 7.4. The nanoparticles were diluted to [Gd³⁺] = 10 mM, and measurements were taken immediately.

Elemental Characterization. The determination of the accurate concentration of gadolinium and bismuth in the nanoparticle was performed by inductively coupled plasma-optical emission spectroscopy (ICP-OES). The particles were degraded overnight in 5 mL of aqua regia (HNO₃ 67% mixed with HCl 37% (1/2; v/v) at 80 °C and at an estimated concentration in gadolinium of 0.01 mM, 0.02 mM or 0.05 mM. Subsequently, the samples were diluted to 50 mL with 0.5 M HNO₃ (1/2500, v/v). The ICP-OES was calibrated with a single element standard solution prepared from 1000 ppm Gd standard and 1000 ppm Bistandard by successive dilutions with an HNO₃ 5% (w/w) matrix. For each particle, the Gd³⁺ and Bi³⁺ composition given is an average of the three samples prepared (at 0.01, 0.02, and 0.05 mM).

Stability of the Nanoparticles. The stability of the nanoparticles was determined by relaxometry measurements over 24 h in aqueous solutions with a pH solution of 5 and 7, respectively. SiBiGdNP were dispersed in water at a concentration of [Gd³⁺] = 40 mM, and the pH was adjusted to 7 or 5. The solution was kept at 37 °C for all the experiments. Between 0 and 24 h, the solution was diluted in water, and the absorbance spectra was recorded using a UV–vis spectrophotometer (Varian Cary50).

NMR Measurements. Relaxation time measurements were performed using a Bruker Biospec operating at a magnetic field of 7 T and at 37 °C. Before measurements of T₁ (longitudinal relaxation time) and T₂ (transverse relaxation time), lyophilized particles were dispersed in water for 1 h at room temperature, [Gd] = 100 mM and pH = 7.4. The SiBiGdNP r₁ = 4.87 s⁻¹·mM⁻¹ per Gd³⁺ and r₂ = 3.48 s⁻¹·mM⁻¹ per Gd³⁺. A similar experiment was performed with a 1 T MRI (nanoScan PET/CT Mediso scanner), showing r₁ = 22.0 s⁻¹·mM⁻¹ and r₁/r₂ = 1.6 (Figure S3).

In Vitro DNA Double-Strand Breaks. A549 NSCLC cells were incubated 30 min with SiBiGdNP at a concentration of 0.5 mM prior to irradiation. Cells were fixed in 4% paraformaldehyde in PBS at room temperature for 15 min. After fixation, cells were blocked in 1% BSA, 10% FBS, and 0.3% tritonX-100 in PBS. Next, cells were stained with anti-γH2AX antibody (Millipore) and anti-53BP1 (Santa Cruz) overnight. Subsequently, cells were incubated with secondary anti-mouse AlexaFluor-594 conjugated IgG and anti-rabbit AlexaFluor-488 conjugated IgG (Abcam), respectively, for the noted primary antibodies. A semiquantitative analysis was performed to evaluate the number of foci per cell expressing the

Figure 5. Radiation-induced DNA damage study. (a) γH2AX staining representing the DNA double-strand breaks in the tumor and healthy organs. Damaged cells are brown and viable cells are blue. Magnification 63×; scale bar = 20 μm. (b) The positive γH2AX cells were quantified across n = 30 images randomly chosen (n = 3 per group). Data are shown as mean ± STD. Triple asterisks indicate P < 0.001.
γH2Ax and 53BP1 markers. Images were visualized with an upright Carl Zeiss microscope with an HXP 120C light source and a 63x/1.4 oil plan-apochromat objective. Foci were identified in the images and their signal intensity was quantified using CellProfiler cell imaging software (version 2.1.1). 39

Pharmacokinetic Study in Plasma Samples. A total of five mice were injected intravenously with 420 mg/kg (dry weight) of SiBiGdNP. Blood samples were collected at 5 and 30 min and 1, 3, 6, 24, and 48 h post-injection and analyzed with ICP-MS to determine the amount of bismuth and gadolinium per sample. Analysis was performed using a non-compartment model (Kinnetica 4.4.1, Thermo Fisher).

Biodistribution Study in Mice. The biodistribution study was performed by ICP-MS in n = 6 mice per time point after IV injection of 420 mg/kg (dry weight) SiBiGdNP. The organs were dissolved in HCl, HNO3, and H2O2 and analyzed on a VG Plasma Quad Excell ICP-MS. The experiment was performed at 30 min and 3, 6, and 24 h post-injection. This biodistribution study was then compared to a noninvasive imaging method (MR and CT) for the same time points (Figure S3).

In Vivo Imaging. For the MRI study, a T1 gradient echo sequence on an ASpect One-Touch MRI was used to track and quantify the amount of nanoparticles in the different organs. More specifically, a whole body acquisition with the following parameters was performed: echo time of 4 ms, repetition time of 30 ms, flip angle of 57°, and slice thickness of 0.5 mm. For the μCT acquisition, a nanoScan PET/CT Mediso scanner was used. The acquisition parameters were: 45 kVp, exposure time of 1100 ms, resolution of 12.8 pixels per mm, and slice thickness of 0.08 mm. Axial slices of the tumor were used to merge both CT and MRI images at the maximum concentration of nanoparticles in the tumor. The merged image was used for the dosimetry study to delineate the tumor region for irradiation.

Dosimetry Study. Clinical treatment planning and dose calculation software (Varian Medical Systems, Inc.) was used to calculate the 3D dose distribution in the animal. Animals were placed on top of 10 cm of solid water to mimic the depth in tissue of a typical tumor in the human body. On top of the tumor, 2 cm of tissue equivalent material was used to create backscatter. The irradiations were performed using the 6 MV mode of a TrueBeam linear accelerator (Varian Medical Systems, Inc.). The field size was equal to a 5.5 cm size in the X direction (X1 = 0.5 cm and X2 = 5 cm) and 10 cm in the Y direction (Y1 = Y2 = 5 cm). The linear accelerator’s primary collimators shielded the body of the mouse.

Therapy Study in Mice. Mice were randomly divided into four groups of five mice each: –SiBiGdNP/–IR; + SiBiGdNP/–IR; –SiBiGdNP/+IR; and + SiBiGdNP/+IR. The mice selected with SiBiGdNP received a single intravenous injection of 420 mg/kg (dry weight) of nanoparticles 30 min prior to irradiation. Irradiations were performed with a single fraction of 10 Gy delivered with a 6 MV photon beam from a Varian TrueBeam linear accelerator as mentioned above. Mice were included in the study as soon as the tumor reached 7 mm in the longer axis and were excluded when the tumor reached 3 cm in the longer axis. Tumor volume and survival studies were performed with these measurement criteria.

In Vivo DNA Damage Study. DNA damage was evaluated semi-quantitatively by γH2AX staining 30 min post-irradiation. Organs were harvested and fixed in 10% formalin followed by paraffin embedding. The staining was performed on tissue sections excised from the tumor, ipsilateral kidney, liver, spleen, lung, and heart. To quantify the toxicity by γH2AX, a primary antibody Abcam ab26350 and secondary antibody, ser139 (Cell Signaling Technologies) was utilized. Images were analyzed using a Zeiss Axios microscope at 63× magnification. The number of nuclei positive for γH2AX were counted in n = 30 images from three animals per group. The ratio of positive nuclei to total nuclei was used to determine the effect induced by the presence of the nanoparticles under irradiation in comparison with that of the control groups and of the irradiation-alone group.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.nanolett.6b05055.

Additional details on the synthesis of the nanoparticles, complexation of Bi3+ atoms, nanoparticle uptake study, toxicity evaluation, and radiation treatment plan. (PDF)

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